

A Personal Plan To Unleash Your Coaching Superpowers

Built upon our proven methodology and our accredited coach training North Point UK are pleased to introduce **Your Coaching Success Launchpad**, a 5-week programme covering the **five key disciplines** needed to fully include coaching into your work, your career.

A 5-week programme covering everything you need to embed the disciplines of a high-performing coach, even if you don't want to be a full-time coach!

5 modules, each covering the 5 disciplines, 1 per week:

#### **Discipline 1: Invest in Yourself**

No matter where we are on our coaching journey, we need to recognise the need to continually invest in ourselves. To help others we need to be looking within and applying these lessons to ourselves first.

### **Discipline 2: Tools of Transformation**

We introduce you to skills and tools of coaching using NPA's "inside-out approach" that will support you on your coaching journey.

#### **Discipline 3: Find your Tribe**

This module focuses on who you want to work with but also helps you to build a support network that you both contribute to and can lean on when you need support and feedback.

#### **Discipline 4: Design your Future**

We help you to set goals for your coaching that aligns with the other areas of your life, both personal and professional.

#### **Discipline 5: Meet your Adventure**

Unleash your coaching superpowers, apply what you have learnt and prepare for the next cycle.



(Clickable link)





## What will I get from this course?

A **personalised plan** to unleash your coaching superpowers based on the **5 key disciplines of Coach Development Cycle**.

Gain greater insight into our own self-development needs and learn how this impacts our coaching capabilities.

Learn a range of **transformational coaching skills and tools** (based on our accredited programme) upon which to build your coaching practice.

Build the support networks you need for your coaching journey.

Create **a vision for your coaching** that aligns with your personal goals, desires and life.

Support to apply your coaching practice and take the next steps that are right for you.

# >> BOOK NOW <<

I would recommend the North Point coaching course to anybody who is looking to better their communication, negotiation (and) conversational skills.

Thank you again to Sarah, Matt and Travis for facilitating and being great teachers.

It's 10 across the board!

Oumar, Barclays Bank, UK



SCAN TO BOOK! >>